

Advice re Coronavirus

The U3A has nearly 50 interest groups meeting regularly as well as larger outings and we hope that none of our members will catch the virus. But we have already had to advise one member to avoid attending any meetings for a couple of weeks, as they had been to a risky area. So our advice to members is that at all times members should follow the most up to date government advice about coronavirus which may be obtained from the [government website](#).

- If a member has returned from one of the areas identified by the government and/or has any of the symptoms identified on the [government website](#) they should not hold interest groups in their own homes, or attend interest groups or monthly meetings until they have followed the NHS advice provided after calling 111.
- In these cases and also if you plan to self-isolate for any reason, please call Mike Bellamy on 01628 523924 or Fritha Irwin on 07891 421096 in confidence as soon as possible so we can alert other members if appropriate as well as possibly offer some practical help. Also do call if you would like any sort of support on the issue.
- Your committee is meeting this week to consider whether at this stage in the outbreak there is more we ought to recommend about the group meetings as well as larger gatherings and trips. If you have any ideas about how we can be helpful please let us know.
- If we find that a member has contracted coronavirus, we will need to let the Third Age Trust know, though we will not pass on personal details. Advice from the Third Age Trust is available on our website [here](#).

Bourne End & District U3A

5 March 2020